

HUMAN DEVELOPMENT AND FAMILY STUDIES, BS

LEARNING OUTCOMES

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1. Apply a developmental lens to describe lifespan human development in context, with emphasis on individual, family and community diversity
2. Apply a relational lens to understand interpersonal and internal family processes (e.g., relational health, parent-child relationships, couple relationships, family health and well-being)
3. Use systems thinking to describe how individuals and families affect and are affected by their social and ecological contexts (e.g., communities, institutions, policies, cultures), with an emphasis on building a more just and equitable society
4. Critically evaluate and ethically apply interdisciplinary social science research to promote health and wellbeing across the lifespan through assessment, prevention, intervention, research, and/or program evaluation
5. Work effectively in a professional setting with individuals from diverse backgrounds, including the exploration of HDFS-relevant professional pathways and the development of broadly applicable professional skills essential to the discipline (e.g., cultural awareness, empathy, self-reflection)