

# KINESIOLOGY, BS

## FOUR-YEAR PLAN

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#### Kinesiology: Sample Four-Year Plans

A four-year sample graduation plan is designed to guide your course selection throughout your academic career; it does not establish a contractual agreement. Use it along with your DARS report, the Guide, and the Course Search and Enroll app to create a four-year plan reflecting your placement scores, incoming credits, and individual interests.

There are many ways to complete the degree and course selection should reflect your own situation. Consult with an advisor in Education Student Services, 139 Education Building, to develop a personalized plan of study. You will likely revise your plan several times during your academic career here, based on your activities and changing academic interests.

Three plans are presented below. The first is for students who need to take MATH 112 Algebra, followed by a plan for students testing out it. The third is for students who test into MATH 96.

### STARTING WITH MATH 112

#### Freshman

Fall	Credits Spring	Credits
Communication A (fall or spring semester)	3 Communication A (fall or spring semester)	3
BIOLOGY/ ZOOLOGY 102 <sup>2</sup>	2 KINES 119 (or fall sophomore year)	2
MATH 112 (also meets Quantitative Reasoning A)	3 CHEM 103	4
Liberal Studies course work	7-10 Liberal Studies course work	0-3
	Ethnic Studies	3
	PSYCH 202	3
	<b>15</b>	<b>15</b>

#### Sophomore

Fall	Credits Spring	Credits
BIOLOGY/ ZOOLOGY 101 or 151 <sup>2</sup>	3 PHYSICS 103	4
CHEM 104	5 Choose One: Also Meets Quantitative Reasoning B	3
Liberal Studies course work	2-4 STAT 301	
MATH 113	3 PSYCH 210 STAT 371	
	KINES 116	2
	Liberal Studies or General Elective course work	6
	<b>15</b>	<b>15</b>

#### Junior

Fall	Credits Spring	Credits
KINES 330 or 361	2-3 KINES 361 or 330	2-3
KINES 350 (or Advanced Kines Elective) <sup>1</sup>	3 KINES 314	4
ANAT&PHY 335	5 ANAT&PHY 337	3
Advanced Kines Elective <sup>1</sup>	3 ANAT&PHY 338	2
	KINES 350 (or Advanced Kines Elective)	3
	<b>14</b>	<b>14</b>

#### Senior

Fall	Credits Spring	Credits
KINES 318 or 300	3 KINES 300 or 318	3
Communication B - Select one of the following in the fall or spring semester	3 Communication B - Select one of the following in the fall or spring semester. 600 is not offered in the spring.	3
KINES 355	KINES 355	
KINES 521	KINES 521	
KINES 540	KINES 540	
KINES 560	KINES 560	
KINES 600	KINES 614	
KINES 614	Advanced Kines Elective	3
Advanced Kines Elective	2 Liberal Studies, Advanced Kines Elective or General Elective course work	7-10
Liberal Studies, Advanced Kines Elective or General Elective course work	8-11	
	<b>16</b>	<b>16</b>

#### Total Credits 120

<sup>1</sup> A total of 11 credits of Advanced Kines Electives are required. Elective course options are 2-3 credits.

<sup>2</sup> Select either BIOLOGY/ZOOLOGY 101 Animal Biology/BIOLOGY/ZOOLOGY 102 Animal Biology Laboratory or BIOLOGY/BOTANY/ZOOLOGY 151 Introductory Biology

### TESTING OUT OF MATH 112

The Quantitative Reasoning A requirement has already been met.

#### Freshman

Fall	Credits Spring	Credits
Communication A (fall or spring semester)	3 Communication A (fall or spring semester)	3
CHEM 103	4 KINES 119 (or fall sophomore year)	2
Liberal Studies course work	8-11 CHEM 104	5
	MATH 113	3
	Liberal Studies course work	2-5
	<b>15</b>	<b>15</b>

**Sophomore**

<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
PHYSICS 103	4	Choose One: <sup>2</sup>	5
Ethnic Studies	3	BIOLOGY/ ZOOLOGY 101 & BIOLOGY/ ZOOLOGY 102	
PSYCH 202	3	BIOLOGY/BOTANY/ ZOOLOGY 151	
Liberal Studies course work	6	Choose One: Also meets Quantitative Reasoning B	3
		STAT 301	
		PSYCH 210	
		STAT 371	
		KINES 116	2
		Liberal Studies or General Elective course work	5
	<b>16</b>		<b>15</b>

**Junior**

<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
KINES 330 or 361	2-3	KINES 361 or 330	2-3
KINES 350 (or Advanced Kines Elective) <sup>1</sup>	3	KINES 314	4
ANAT&PHY 335	5	ANAT&PHY 337	3
Advanced Kines Elective <sup>1</sup>	3	ANAT&PHY 338	2
		KINES 350 (or Advanced Kines Elective)	3
	<b>14</b>		<b>14</b>

**Senior**

<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
KINES 318 or 300	3	KINES 300 or 318	3
Communication B - Select one of the following either in the fall or spring semester	3	Communication B - Select one of the following either in the fall or spring semester (KINES 600 is not offered in the spring)	3
KINES 355		KINES 355	
KINES 521		KINES 521	
KINES 540		KINES 540	
KINES 560		KINES 560	
KINES 600		KINES 614	
KINES 614		Advanced Kines Elective	3
Advanced Kines Elective	2	Liberal Studies, Advanced Kines Elective or General Elective course work	7-10
Liberal Studies, Advanced Kines Elective or General Elective course work	7-10		
	<b>15</b>		<b>16</b>

**Total Credits 120**

<sup>1</sup> A total of 11 credits of Advanced Kines Electives are required. Elective course options are 2-3 credits.

<sup>2</sup> Select either BIOLOGY/ZOOLOGY 101 Animal Biology/BIOLOGY/ZOOLOGY 102 Animal Biology Laboratory or BIOLOGY/BOTANY/ZOOLOGY 151 Introductory Biology

**STARTING WITH MATH 96****Freshman**

<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
Communication A (fall or spring semester)	3	Communication A (fall or spring semester)	3
Math 096	3	BIOLOGY/ ZOOLOGY 101 or 151 <sup>2</sup>	3-5
BIOLOGY/ ZOOLOGY 102 <sup>2</sup>	2	MATH 112	3
Liberal Studies course work	7-10	PSYCH 202	3
		Liberal Studies course work	1-6
	<b>15</b>		<b>15</b>

**Sophomore**

<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
CHEM 103	4	CHEM 104	5
KINES 119	2	PHYSICS 103	4
Choose One: Also meets Quantitative Reasoning B	3	KINES 116	2
STAT 301		Liberal Studies or General Elective course work	4
PSYCH 210			
STAT 371			
Ethnic Studies	3		
Liberal Studies course work	3		
	<b>15</b>		<b>15</b>

**Junior**

<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
KINES 330 or 361	2-3	KINES 361 or 330	2-3
KINES 350 (or Advanced Kines Elective) <sup>1</sup>	3	KINES 314	4
ANAT&PHY 335	5	ANAT&PHY 337	3
Advanced Kines Elective <sup>1</sup>	3	ANAT&PHY 338	2
		KINES 350 (or Advanced Kines Elective)	3
	<b>14</b>		<b>14</b>

**Senior**

<b>Fall</b>	<b>Credits</b>	<b>Spring</b>	<b>Credits</b>
KINES 318 or 300	3	KINES 300 or 318	3
Communication B - Select one of the following in the fall or spring semester	3	Communication B - Select one of the following in the fall or spring semester. 600 is not offered in the spring.	3

KINES 355	KINES 355	
KINES 521	KINES 521	
KINES 540	KINES 540	
KINES 560	KINES 560	
KINES 600	KINES 614	
KINES 614	Advanced Kines Elective	3
Advanced Kines Elective	2 Liberal Studies, Advanced Kines Elective or General Elective course work	6-9
MATH 113	3	
Liberal Studies, Advanced Kines Elective or General Elective course work	4-7	
	<b>16</b>	<b>16</b>

**Total Credits 120**

<sup>1</sup> A total of 11 credits of Advanced Kines Electives are required. Elective course options are 2-3 credits.

<sup>2</sup> Select either BIOLOGY/ZOOLOGY 101 Animal Biology/BIOLOGY/ZOOLOGY 102 Animal Biology Laboratory or BIOLOGY/BOTANY/ZOOLOGY 151 Introductory Biology