

# HEALTH PROMOTION AND HEALTH EQUITY, BS

## FOUR-YEAR PLAN

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#### Health Promotion and Health Equity: Sample Four-Year Plan

This sample four-year sample graduation plan is designed to guide your course selection throughout your academic career; it does not establish a contractual agreement. Use it along with your DARS report, the Guide, and the Course Search and Enroll app to create a four-year plan reflecting your placement scores, incoming credits, and individual interests. Consult with an academic advisor to develop a personalized plan of study and refer to the Guide for a complete list of requirements. You will likely revise your plan several times during your academic career here, based on your activities and changing academic interests.

#### Freshman

Fall	Credits Spring	Credits
Communication A, (take fall or spring semester), 3	3 Communication A, (take fall or spring semester), 3	3
HPHE Major Elective, 3	3 Quantitative Reasoning A	3
Liberal Studies course work	9-12 COUN PSY 237 (also meets ethnic studies )	3
	Liberal Studies course work	6-9
	<b>15</b>	<b>15</b>

#### Sophomore

Fall	Credits Spring	Credits
KINES 150	3 RP & SE 316	3
RP & SE 325	3 Quantitative Reasoning B	3
Liberal Studies course work	9 Liberal Studies or General Elective course work	9
	<b>15</b>	<b>15</b>

#### Junior

Fall	Credits Spring	Credits
KINES 370	3 ANAT&PHY 235	4
RP & SE 505	3 HPHE Major Elective	3
Communication B	3 Liberal Studies or General Elective course work	8
Liberal Studies or General Elective course work	6	
	<b>15</b>	<b>15</b>

#### Senior

Fall	Credits Spring	Credits
COUN PSY 531	3 KINES 566	3

COUN PSY 655	3 HPHE Major Elective	3
Liberal Studies or General Elective course work	9 Liberal Studies or General Elective course work	9
	<b>15</b>	<b>15</b>

#### Total Credits 120

Note: The HP & HE major requires 9 credits of elective course work. A number of the course options, e.g., RP & SE 100, RP & SE 121 RP & SE 125; COUN PSY 225, COUN PSY 230; KINES 100, KINES 123; PSYCH 202; NUTR SCI 132, can be taken during the freshmen and sophomore years.