

HEALTH EDUCATION, MINOR

The Health Education minor provides a great opportunity for students who are passionate about helping others live healthier lives. Health minors are willing to tackle universal health challenges and intend to have a real and lasting impact in their communities. Our graduates work in diverse positions such as:

- Elementary health education specialist
- High school health educator
- Junior high school health educator
- Prevention specialist in a school district or community
- District health education coordinator
- Public health educator

Students are taught a skills-based approach to teaching health education that is grounded in health standards. In turn, this framework facilitates instruction in schools for K-12 students. Youth are empowered to practice these skills in their everyday lives, making the connection from theory to practice relevant and applicable.

Students in the Health Education minor will participate in the following throughout their enrollment in the program:

- Coursework designed and developed around the health education standards to build the skills-based health education knowledge for teaching.
- Observation and practicum placements: undergraduate students will work alongside health education teachers and professionals in field-based settings, learning, observing practice, designing, and delivering health education content with the teaching professional.
- Community outreach projects: applying knowledge from minor courses to address specific health topics.
- Student teaching in school settings, K-12, in a health education classroom as a part of the culmination of the Health Education minor.

We are committed to providing quality health instruction to our students, and ultimately to developing health-literate students in schools. To that end, the Health Education minor also includes:

- Placements in urban/suburban/rural, inclusive, and multicultural settings
- Small class sizes and advising groups
- Instruction within the nationally ranked UW–Madison School of Education

Students in Physical Education teacher education or teachers already licensed to teach at an appropriate level in Wisconsin are eligible to complete the Health Education minor.

Graduates are eligible to apply for a Wisconsin teaching license in Health at the Kindergarten through Grade 12 level.