

# HEALTH EDUCATION, MINOR

## REQUIREMENTS

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Complete a minimum of 23 credits to include all coursework below. A minimum 2.75 GPA is required, based on all UW–Madison coursework included in the minor requirements.

Students may wish to consult with the Health minor coordinator or advising staff in the School of Education Student Services office, 139 Education Building, 1000 Bascom Mall, 608-262-1651.

Upon acceptance into a major program in the School of Education, students should meet immediately with the Health minor coordinator to work out a schedule for required courses.

### CORE REQUIREMENTS (23–24 CREDITS)

Code	Title	Credits
KINES 116	First Aid and Basic Life Support <sup>1</sup>	2
ANAT&PHY 235 or ANAT&PHY 335	Human Physiology and Health Physiology	4
KINES 501	Theory-Based Health Education and Health Promotion Programs	3
KINES 547	Skills for Health: Methods and Practicum of Teaching Health	3
SOC WORK 453	Substance Use Disorders	3
Take one of the following:		3-4
SOC/PSYCH 160	Human Sexuality: Social and Psychological Issues	
PSYCH/SOC 453	Human Sexuality	
KINES 566	Promoting Health in the Community	3
KINES 568	Student Teaching in Health Education <sup>2</sup>	2
<b>Total Credits</b>		<b>23-24</b>

<sup>1</sup> Students may exempt from KINES 116 First Aid and Basic Life Support by completing American Red Cross First Aid **AND** either American Red Cross Basic Life Support or American Red Cross CPR/AED for Professional Rescuers.

If a student wishes to request that a different course (or courses) be considered, contact the Department of Kinesiology undergraduate office PRIOR to enrolling.

Documentation of current First Aid certification must be presented to the Health Education program advisor. If the certification equivalent is used, the minor will require 21-22 credits.

<sup>2</sup> Eligibility for student teaching requires the completion of all courses required for the minor with a minimum GPA of 2.75. Students must also meet the content knowledge requirements for Health Education. A meeting with the Health minor coordinator is required before submitting a student teaching application. Students should bring a current transcript to this meeting. Special arrangements can be made for teachers seeking add-on certification in Health Education.