

# INFANT, EARLY CHILDHOOD AND FAMILY MENTAL HEALTH, CAPSTONE CERTIFICATE

The Infant, Early Childhood, and Family Mental Health Capstone certificate is an interdisciplinary one-year academic program for practicing professionals who work with families in the prenatal and postpartum periods and with children ages birth through five years. Following a cohort model, admitted applicants are provided with three days of class instruction each month as well as small group and individualized opportunities to reflect upon and integrate program content into their professional work experiences. These experiences will contribute to an increased knowledge base and skills in providing appropriate screening, assessment, diagnostic and therapeutic intervention services to support the mental health of infants, young children, and their families.

This program is designed for:

- Licensed mental health and health care professionals\* in clinical psychology, counseling psychology, school psychology, social work, marriage and family therapy, nursing, psychiatry, pediatrics, or family medicine.
- Professionals from the fields of early childhood education, child development, family studies, occupational therapy, physical therapy, social work, or speech and language therapy. This includes those who provide direct services to young children and their families in Home Visiting, Birth to 3, Early Childhood Special Education, Early Head Start, Head Start, Childcare, and Child Protective Services programs who have a minimum of a bachelor's degree.

\* Participation in this capstone certificate program fulfills a prerequisite for mental health professionals who are interested in applying to the Wisconsin Child-Parent Psychotherapy (CPP) Learning Collaborative. (<https://ifmh.psychiatry.wisc.edu/continuing-education-opportunities/>)

Students will have the opportunity to acquire the knowledge and competencies to pursue endorsement as an infant family specialist, infant mental health specialist, or infant mental health mentor through the Wisconsin Alliance for Infant Mental Health (WI-AIMH) (<http://wiaimh.org/>).

The Capstone certificate program meets three days a month during the academic year. Program modality and schedule. ([http://infantfamilymentalhealth.psychiatry.wisc.edu/?page\\_id=14](http://infantfamilymentalhealth.psychiatry.wisc.edu/?page_id=14))

This UW–Madison Capstone certificate is currently offered using two different modalities (in-person and online) in alternating years; thus, students have the opportunity to select the modality that works best for their circumstances and/or learning preferences. Please note that during years the program is offered online, the first and final sessions are held in-person to facilitate relationship development at the beginning of the program and closure at the end.